


MACH ACADEMY, INC.



Tennis and Fitness Clinics at the Diamond Lakes Tennis Center

The world of tennis and fitness helps children stay physically fit, develop discipline, learn how to compete, develop social skills, earn college scholarships, travel locally and nationally, learn to win graciously and how to lose with honor. **Tennis is a sport for a lifetime!**

MACH Academy's Tennis pathways

Ten and Under Tennis Clinics, ages 6 - 9

Participants engage in fun learning tennis games and drills using balls, racquets and nets sized to fit their needs and abilities.

Wednesday and Thursday 5:30pm -6:30pm
\$25 per month (partial scholarships available)

Junior Tennis/Fitness Clinics, Ages 10 - 18

Beginner - Learn the basics of ground strokes, volleys and serves. The emphasis is to make tennis "Fun for a Lifetime."

Intermediate - Work toward Satellite Ranking and playing High School Tennis.

Advanced - State Ranking, work toward sectional & national ranking.

Wednesday and Thursday, 5:30pm. - 7pm,
\$75 per month (partial scholarships available)

NJTL Junior Team Tennis, fall and spring sessions, \$30 per session

USTA Sanctioned Tennis Tournaments, year-round check USTA.com for information.

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